Case Report

# Polyparasites in Immunocompetent with Renal Calculi - A Case Report

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# **ABSTRACT**

Infections caused by multiple parasites are common in endemic regions of the world. Here we report a case of polyparasitic infection in immunocompetent with renal calculi. The parasites observed are *Hymelopsis nana*, *Ancylostoma duodenale*, *Trichuris trichuria* and *Strongyloides stercoralis*. This is the second case of renal calculi with polyparasitic infection in a patient with renal calculi reported from our hospital.

**Key Message:** A second case of immunocompetent with renal calculi also chronically co-infected with four different parasites

**Key-words:** Polyparasitic infections, renal calculi, immunocompetent

# INTRODUCTION

Infections caused by intestinal parasites are not so uncommon in endemic regions of the world and may vary by geographical distribution, host factors and environmental factors. [1] Infection with multiple parasites occurs most commonly in immunocompromised, [2] but also in immunocompetent. [3] Here we report a case of polyparasitic infection with Hymelopsis nana, Ancylostoma duodenale, Trichuris trichuria and Strongyloides stercoralis in a patient with renal calculi. Similarly a case of Strongyloidiasis, calculi with giardiasis and Entamoeba coli was reported by us previously [4] Hence, the correlation of renal calculi and parasitic infections needs more limelight in future.

# **CASE HISTORY**

A 42 years old male patient came with the history of pain in the lower abdomen, anal itching and back pain for the past six months. He gives history of taking bath in well water seven months back. He is a chronic smoker and alcoholic. He gives history of recurrent renal calculi for which he was subsequently treated. His general and systemic examinations were normal. His blood and urine analysis were normal. Ultrasound of urinary system shows multiple renal calculi in left kidney with the maximum being 5mm in size.

# **Examination of stool**

Macroscopically yellow coloured soft sample with no visible blood and mucus is observed. Microscopically negative for pus cells and occult blood. Presence of three different ova and a larval form is observed. Spherical shaped non-bile stained egg with two distinct membranes and polar filaments of Hymelopsis nana; oval non-bile stained egg with thin cell wall, clear cytoplasm and segmented blastomeres of Ankylostoma duodenale (Figure 1); barrel shaped, bile stained egg with mucous plug at each pole with an unsegmented ovum of Trichuris trichuria were observed (Figure 2). An actively motile larval form of Strongyloides stercoralis with short mouth and double-bulb oesophagus was also seen (Figure 3).



Figure 1: Ova of Hookworm with clear cytoplasm and blastomeres



Figure 2 : Ova of Trichuris trichuria with bipolar plugs



Figure 3: Larvae of Strongyloides spp

# DISCUSSION

Polyparasitic infections, though rare commonly tend occur more in immunocompromised people. In immunocompetent usually they are asymptomatic. Acute strongyloidiasis are usually manifested as profuse diarrhea, abdominal pain and vomiting; chronic infections shows nausea and abdominal pain. Cutaneous symptoms such pruritus petechiae, congestion, and pulmonary symptoms like dypsnoea, wheezing, hemoptysis also occurs in various stages of infection. Rai et al. reported nematodes polyparasitism with four including strongyloidiasis. [3]

The dull aching, non - radiating abdominal pain with episodes of diarrhea is most commonly due to chronic parasitic infection. The associations of various glomerular diseases and the parasites have been reviewed by Van velthuysen et al. The pathogenesis is attributed to the role of immune response while fighting parasitic infections also causes damage to the glomerular epithelium resulting in various glomerulopathies. <sup>[5]</sup> But till date no data's are available to show the association of these parasites and renal calculi. This emphasizes the need of future studies to describe the coexistence of parasitic

infections with various other systemic diseases.

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