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Case Report

# Transitional Cell Carcinoma with Glandular Differentiation - A Rare Variant of Urinary Bladder Carcinoma

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#### **ABSTRACT**

Invasive urothelial carcinoma with glandular differentiation is a distinct variant of urinary bladder tumor. It has predominant features of urothelial carcinoma but with distinct glands. Herewith we report a case in a 72 yrs male patient presented with hematuria. Radiological examination showed mass on posterior wall of urinary bladder with thickening. Transurethral resection of bladder tumor was done and sent for histopathological examination which showed high grade transitional cell carcinoma with 30% areas showing glandular component of – papillary, tubular & flat pattern. These types of urinary bladder carcinoma variants are important in clinical practice since they simulate various benign to complex lesion.

Kevwords: Bladder Cancer, Urothelial Carcinoma, Hematuria.

#### INTRODUCTION

Urothelial cancer which represents more than 80% of bladder cancer is mostly found in its pure form. However urothelial cancer is known to show variant histological features. Glandular differentiation is an infrequent variant of urothelial carcinomas. It has an incidence of 7-16 %. (1) On histopathology tumor with only glandular differentiation should be labeled adenocarcinoma, rather than urothelial cancer with glandular differentiation. There is very paucity of literature on this variant.

## **CASE REPORT**

A 72 year old patient came to urosurgery department for complaints of 3 months hematuria associated with pain.

Ultrasonography showed well defined heterogeneous mass measuring approximately 69x47 mm in posterior wall of urinary bladder. No evidence of cystic change or calcification. No evidence of extra pelviurinary bladder lesion. Other abdominal organ showed normal study. Radiologically it was suspected of malignant urinary bladder Transurethral tumor. resection of bladder tumor (TURBT) was histopathological done and sent for examination.

light microscopy histopathological examination showed a tumor composed of neoplastic cells arranged in large fronds, papillae, nest, glandular and solid pattern (Figure:1). Individual cells were large pleomorphic, having mildly

pleomorphic hyperchromatic to vesicular nuclei with 1 to 3 prominent nucleoli and moderate amount of cytoplasm (Figure-2,3) Multi-layering, stratification was also noted. Areas of necrosis and frequent mitotic activity were noted. Tumor was infiltrating the stromal tissue and moderate diffuse mononuclear cell infiltration. In areas glandular differentiation was noted (30%) which shows papillae, tubular, irregular and flat pattern. Superficial muscle tissue of bladder wall showed tumor invasion.

Impression of transitional cell carcinoma with glandular differentiation was given. The superficial muscle showed invasion. Deeper muscle was free from tumor

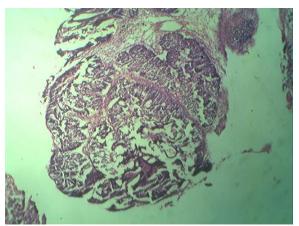


Figure-1: Photomicrograph showing neoplastic cells arranged in papillae, nest, glandular and solid pattern. (H and E,x40).

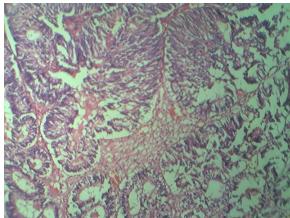


Figure-2: Photomicrograph showing transitional ce carcinoma with glandular differentiation (H and E,x100)

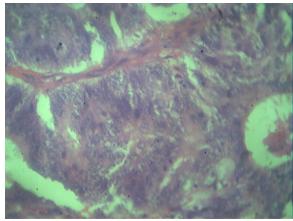


Figure-3: Photomicrograph showing high grade Transitional Cell Carcinoma. (H and E,x400)

### **DISCUSSION**

In recent years with increasing experience of bladder neoplasms, the histomorphological spectrum has been expanded to include several new variants. Urothelial carcinoma is well known for its divergent differentiation, which shows mainly as foci of glandular or squamous differentiation. In the recent World Health Organization (WHO) classification many such variants are classified. (2,3) Urothelial cancer with squamous differentiation is commonly noted and it occurs in up to 21% of cases. (4)

The glandular differentiation is noted both papillary and non-papillary urothelial neoplasms and in non invasive carcinoma. In our case it was invasive transitional cell carcinoma of bladder having predominant component and in areas showing glandular differentiation. Very few cases of such lesion are described in literature. Glandular differentiation defined in presence of well formed glands. The glands are variable in appearance. They range from small and tubular and relatively evenly spaced to closely packed, irregular and of moderate to large size. Cytoplasmic mucin can be found in up to 63% of high grade carcinomas and should not be diagnosed as glandular differentiation. (4)

In our case it showed high grade transitional cell carcinoma with 30% areas showing glandular component of papillary, tubular, irregular and flat pattern. So this urinary bladder carcinoma with glandular differentiation on histopathology simulates benign, metastatic to malignant lesions which should be diagnosed properly to treat the patients in clinical practice.

These lesions should carefully differentiated from other lesions like adenocarcinoma of urinary bladder, cystitic cystic glandularis with intestinal metaplasia, endometriosis in urinary bladder, nephrogenic adenoma. metastatic adenocarcinoma and urothelial carcinomamicrocystic variant.

This entity has a clinical significance as these tumors are associated with higher stage and grade at presentation and poor prognosis. (1,5) Also 50% of non invasive tumors with glandular differentiation became invasive but none developed adenocarcinoma. (6)

In our case it showed invasion into the superficial muscle of urinary bladder. There was no other spread of tumor detected on clinical and radiological examination.

# **CONCLUSION**

In urothelial carcinoma of urinary bladder the histological differentiation is highly variable and their presence should be carefully reported for patients' better management and prognosis.

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